



The Round

Editor: Swan Cottage, Lamas - 01603 279917
email: roz@lamas.f9.co.uk



A letter from the Rector
**"The true meaning of
Christmas"**

Christmas is a time of celebration and music when we dust off our carol books and look forward to candle-lit services in churches and in other settings within the communities where we live.

How well do you know the Christmas carols that we return to year after year? I wonder if you know the titles of all the carols that contain these lines:

**"Peace on earth and mercy mild, God
and sinners reconciled. "**

**"Peace on earth, good will to men, from heaven's all
gracious King"**

"O tidings of comfort and joy"

**"Be near me Lord Jesus; I ask thee to stay. Close by me
forever, and love me, I pray"**

"O come to us, abide with us, our Lord Emmanuel"

The words found in our Christmas carols are wonderfully expressive of the true meaning of Christmas; that God in Jesus Christ has come to us, to be near to us, to bring us closer to God. The images that we hold onto in our hearts and minds of the mother and child of Bethlehem remind us of this extraordinary truth that Jesus came to us in the vulnerability of an infant, born in a lowly stable, into hardship away from home. It is a story that resonates with the real-life current circumstances of people across the world today. Jesus was born in a place where there was no welcome for a mother in labour or a newborn child. The images on our Christmas cards make the scene romantic and peaceful and although the reality must have been far from that, there is a truth to it, for this is the story of the God of love coming to us, the prince of peace is born.

Our Christmas carols and the Christmas story that we read in the Bible help us to hold onto this wonderful truth. It is a delight to return to it year on year as we celebrate.

This year in the churches across the Bure Valley we are getting ready for our Christmas Carol Services. You will

Diary

December 2023

4th
9th 2.00pm
12th 2.00pm
13th 6.30pm
14th 7.00pm
18th 7.30pm

January 2024

9th 2.00pm
11th 7.00pm
12th 7.00pm
14th
15th 7.30pm
20th 2.00-4.00pm
23rd 1.45pm

Photographic Club Meet 'n shoot in Norwich
Table Top Sale & Open Afternoon, Lamas V Hall
Jubilee Café, Buxton Village Hall
Aylsham Flower Club, Aylsham Town Hall
W.I. Christmas Party, Buxton Village Hall
Photographic Club AGM, Buxton Village Hall

Jubilee Café, Buxton Village Hall
W.I., Buxton Village Hall
Bowls Club Quiz Night, Buxton Village Hall
Last day for copy for February Round
Photographic Club, Buxton Village Hall
Coffee/Tea drop-in, Lamas Village Hall
Aylsham U3A, Aylsham Town Hall

see a full list of these in this edition of the Round and there are a few new things happening as well. In Lamas we have our traditional Carol Service on 10 December at 6:30pm but we are also hoping to have a walking Nativity on the afternoon of Friday 22nd December making for a very family friendly event for all. Look out for more details of this one as we get nearer the time.

Also in Buxton something new is happening. Have you always enjoyed singing but never really had the opportunity to join in with a choir or a singing group? Well this might just be for you! This year in Buxton we are welcoming people to join in with our scratch choir for Christmas. You will see posters and flyers around Buxton with the full details of this. We are meeting regularly in the weeks leading up to Christmas to enjoy singing and to practice the carols and Christmas music that we will have at the Buxton Christmas Carol Service on 17th December at 6:30pm. If you would like to join in then please call Garry and Penny Goodman on 01603 279393. The choir will be led by Mike Toobey and David Goodman and all are welcome.

As I write this letter to you this year, I am feeling blessed by the "true meaning of Christmas" and my prayer is that you will all share in that blessing.

Julie
Rev Canon Julie Boyd
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julie.boyd@dioceseofnorwich.org

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Wednesday	Lunch 11.45 – 1.30	Tea 4.45 – 7.30
Thursday	Lunch 11.45 – 1.30	Tea 4.45 – 7.30
Friday	Lunch 11.45 – 1.30	Tea 4.30 – 8.00
Saturday	Lunch 11.45 – 1.30	Tea 4.30 – 8.00
Sunday	Closed	Closed

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Thank you!

Kathie Chapman, David, Jules and Sally would like to thank all the family and friends for their love, support and cards following the sad loss of our very dear Phillip.
Bless you all.



As we hurtle towards the festive season, your band of volunteers working on a Neighbourhood plan for the parish of Buxton with Lamas* are hard at work!

We have been reviewing dozens of comments made during the "Regulation 14 Consultation" held earlier this year. It is a huge amount of work. If we added up the hours, it equates to weeks and weeks of hard work by the volunteers, people living in the parish, and our consultant who is paid via national funding.

We are nearing the end. But there's still lots of work to do to finalise a few more documents, update the Plan, proofread it and submit it to Broadland District Council (BDC). We hope to do this as soon in the New Year as possible.

After submission, responsibility for taking the process forward lies with BDC. They will publicise the plan (Regulation 16) and arrange for an independent examination. This will consider whether the neighbourhood plan meets the basic conditions and other legal requirements.

If successful at the examination stage, with modifications if necessary, then the local authority will arrange for a neighbourhood plan referendum in our parish. If there is a majority yes vote, then the neighbourhood plan is "made" and becomes part of the statutory development plan for the area.

The Neighbourhood Plan is a planning document solely for our parish. It works alongside all the district/regional and national planning policies. Its aim is to safeguard the parts and assets of our villages that we treasure and facilitate good quality development in the right places if the need arises. We'll keep you posted!

The parish of Buxton with Lamas covers four settlements: Buxton, Lamas, Little Hautbois and a small part of Badgersfield (the former officers' housing).

Lammas Village Hall Presents
Table Top Sale of Goods
on Saturday 9th December 2023
11am until 3.30pm



Come along and join us for mince pies, sausage rolls and cakes with tea and coffee and non-alcoholic mulled wine!

Stalls will be.... Craft goodies including handmade jewellery, handmade trinkets, handmade woollen goods and Tropics products for body and face with the opportunity to try some of the products. Also, demonstrations by Worstead Weavers with the opportunity to 'have a go' at spinning and weaving

Menu

Mince pie or sausage roll including a drink	£2.00
Slice of cake including a drink	£2.00
Small cake including a drink	£1.50
Glass of non-alcoholic mulled wine	£2.00



Donations of dried/tinned goods for local food bank accepted on the day

Drop In at the River Café

for a

Tea/Coffee Afternoon at
Lammas Village Hall

Saturday 20th January
2.00 till 4.00pm

Details – email

gillyshrse@hotmail.co.uk
or ring 01603 279312



FoodBank

There is now a Foodbank collection point in Buxton church. If you would like to contribute, please put things in the marked box and it will then be taken via Aylsham to the North Norfolk Foodbank warehouse in Cromer.

The Food bank is currently requesting the following to be donated: cereal, tinned tomatoes, tinned meat, tinned veg, tinned fruit, tinned fish, pasta sauce, tinned rice pudding, jam, cuppa soup/mugshot/pot noodles, chocolate, any toiletries or any household cleaning items. And, at this time of year, perhaps something seasonal with a long use by date.

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After singing Jerusalem at our November meeting our bugler, Philip Green, played the Last Post. Then followed a two minute silence before Reveille. Our speaker for the evening was local historian Roy Spinks, born and bred in Buxton, and he told us all about the village as it was when he was a lad and some of the things that happened then. He also had photos for us to reminisce over. Many thanks to Roy for coming at short notice when the original speaker pulled out. Members also staged a memorabilia display of WWI and WWII items for Remembrance Day.

14th December will be our Christmas Party with our annual Christmas lunch at the Old Rectory, Crostwick, the following week.

Our speaker at **7 p.m. on 11th January** is local man **Peter Taylor** talking about **The Life of Bees**. Visitors are always welcome so please feel free to come and join us in Buxton Village Hall for the talk and to find out more about what we do besides our monthly meetings. If you can't come but would like more information about our WI please contact Liza Hamilton, Secretary, on 01603 279993 or email liza_hamilton@tiscali.com



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Jubilee Café

**2nd Tuesday monthly
2 – 4 pm at Buxton Village Hall**



On December 12th we hold our Christmas party, and the café will next be open on January 9th.
Happy Christmas to all!

Aylsham & District Flower Club

We are having a Special Open Evening on Wednesday 13th December in Aylsham Town Hall. On this occasion doors open at 6.30 for Demonstration at 7.30 as we will be serving light seasonal refreshments at the start.

Our NAFAS Demonstrator and Floral Designer is Mark Entwistle from Cheshire who has chosen "Believe in the Magic" as his theme.

Tickets available from Hazel Blackburn 01263 733167 hazelblackburn733@gmail.com

Members £12 - Visitors £20

Flower of the Month Competition, Sales table, Raffle of Arrangements and Wrapped Parcel Raffle.

Club members are decorating Aylsham Town Pump on December 3rd. Do go and have a look if you are in Aylsham by day or night over the Christmas season.

We do not meet in January. Details of our AGM (14th February) in next edition.

Buxton and District Photographic Club

Are you interested in learning more about photography?

Come and join our friendly, twice monthly, meet-ups over a cuppa. No previous experience or fancy equipment required. Creatively explore the local area as a group and connect with other photography clubs. Meet-ups are held on the first and third Monday of each month 7.30pm at Buxton Village Hall. If you would like to learn more, come and try out a few of our meetings for free.

December 4th: Meet & shoot in Norwich to capture the Christmas lights

December 18th: AGM gathering

January 1st: No meeting as it is New Years Day

January 15th: In-house projected picture competition

For more info contact Mike via 01603 279635 or email mikemoore28747@yahoo.co.uk or check out our website

www.buxtonphotographicclub.co.uk

Wanted!

A person (or persons) to deliver The Round monthly in Stracey Road. Number of copies – 65; it takes the current deliverer (reasonably fit 71-year-old) about 40 minutes. Can be split into two rounds, and we get August and December off!

Contact the Editor (details on front page)

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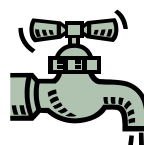
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Buxton Bowls Club

Lawn Bowls Fun Fact to close out 2023... England's King James I was a fan of lawn bowls. He once issued a publication called *The Book of Sports*, in which he condemned football and golf but encouraged bowls.

The Buxton Bowls Club would like to thank everyone who supported our first Quiz Night. Fun was had by all and "the Young 'Uns and Fossils" were victorious taking home the £90 cash prize! With 95 people (17 teams) attending, the event was a sell out, with many teams reserving a table for the next competition.

The next **Quiz Night at the Buxton Village Hall** is scheduled for Friday January 12 2024 – doors open at 7pm and the quiz will start at 7.30pm. Teams of up to 6 people, £5 per player, so start putting your team together! We do have teams looking for players! To register your team or your interest to join a team please email Fiona Morgan at fjm10613@gmail.com. Pre-registration is required as space is limited. For more information please see the ad included in the Round. We hope to have another Quiz Night in February and will be advertising it in the Round and the village Facebook page once details are finalised.

Although the outdoor bowls season is over for this year the club are planning some ten pin bowling excursions and we encourage anyone interested in the club to join us so you can get to know some of our members!

In closing we wish everyone a Merry Christmas and a very Happy New Year!

If you have any questions or want to be put on our email list please contact Fiona Morgan at fjm10613@gmail.com, or Jacky and Derek Battle at dgbattle@btinternet.com.

Buxton Church Coffee Mornings

Buxton Church holds Coffee Mornings on the 4th Saturday of each month from 10:30am until 12:30pm.

Aside from the Coffee (and alternatives) there are Bacon Rolls, Homemade Cakes, Toasted Tea Cakes, etc. There are stalls where you may shop and also a raffle.

Half the proceeds go to a charity and the ones to which we have donated to date are:

Month	Charity	Donation
Jul	RNLI	£42.80
Aug	East Anglian Air Ambulance	£54.03
Sep	Priscilla Bacon Hospice	£79.90
Oct	ACT (Aylsham Care Trust)	£108.10

November's donation has gone to the Royal British Legion

Local nurse publishes books to help children to overcome anxieties

Local nurse and author Christina Wright has now published two children's books.

The plot of Christina's first book 'The Bat Who Was Afraid of The Night' was written in 2016. However, at that time, it was put in a drawer and largely forgotten about. After several significant life-changes, Christina re-discovered her manuscript and asked her sister, Charlie Vettori, to provide accompanying illustrations. The beautifully illustrated finished book was met with critical acclaim. This has prompted Christina to write a second book.

Christina's second book 'The Duck who was Afraid of The Water' is being released in early December. It follows Dilly, a duckling, in her path towards overcoming her fear of water.

Both books are aimed at young children, parents and carers. In addition to encouraging families to read together, they help children in overcoming some of the fears they might face in their young lives.

The books are available through local book shops, libraries and via her publisher: www.austinmacauley.com

For more details, please contact Christina directly via e-mail: cfgreen56@gmail.com or 07493-359115. Christina would appreciate an initial contact via e-mail or text.



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From our Nature Correspondent

Something particularly special has happened this winter. The aurora, which is usually only visible near the poles, has been spotted in Norfolk!

The aurora is caused by solar wind, the stream of plasma particles released from the sun. The earth's magnetic field usually deflects most of this plasma, but some particles break through at the poles where the magnetic field is weakest. Gas particles in the atmosphere absorb the energy and release it as photons (particles of coloured light) which form the aurora borealis (when it occurs near the north pole) or the aurora australis (when it occurs near the south pole). The green and red lights are caused by oxygen gas, while nitrogen tends to produce blue light.

The aurora is more visible this year because the current solar cycle is producing more solar wind, causing plasma to break through our magnetic field further away from the poles. In the past, even if the aurora was visible in Norfolk, you could only see properly by using a camera lens to reveal the colour, but this year there have been reports of people witnessing it with the naked eye. The solar wind is going to become more powerful until 2025 so this could be one of the best years to witness this amazing light display without having to travel to the arctic circle. So far, I have not been lucky enough to see it but please let me know if any of you have managed to capture some footage of this phenomenal natural event.

Now Christmas is on the way, and, as I did last year, I wanted to share a nature related festive tale. So allow me to introduce you to one species that has more associations with Christmas than any other: the holly tree.

The holly tree has a close association with Christ, as holly berries were originally believed to be white but, after the plant was used to make his crown of thorns, the berries became red with Christ's blood. However, there is another story including the holly that has closer ties to Christmas.

After Christ was born, King Herod ordered every child in Bethlehem to be killed in an attempt to destroy him. While fleeing the city, Mary, Joseph, and baby Jesus hid from the Roman soldiers by a holly tree which lowered its boughs to hide them. When she realized she was safe, Mary blessed the tree, causing it to remain green all year long.

Holly trees are indeed evergreen, meaning they do not lose their leaves in winter like deciduous trees. This allows them to continue photosynthesizing all year and has led to them being associated with everlasting life. Holly trees are also expert protectors as their leaves are spiky close to the ground, with the area inside them being an ideal place for hedgehogs to hibernate. Humans have a tradition of using the holly for protection as well, as bringing a bough or wreath of holly into the house was considered to be good luck, while cutting down a holly tree was considered deeply unlucky. The holly is also a dioecious tree, meaning it has different male and female forms, the female tree being the one to produce berries which, though toxic to humans, are a hugely important winter food source for birds.

I like to think that the holly gives us hope in the dark of winter, when most other trees are bare, because it reminds us that spring will return. Nature plays an important role in many of our traditional stories, showing how important it has been to us throughout all of human history, and the story of the holly tree is a particularly special one because it reminds us that even at this time of year, when the weather is harsh and cold, nature will always protect and provide for us.

Breagha Folland is a young freelance writer with a passion for the environment, philosophy and fantasy fiction. Contact her at: breaghafolland@myphone.coop to share your favourite sightings of our local wildlife.

Church Contact Details in the Aylsham and District Ministry Team

In the absence of a vicar for the Bure Valley Churches they will be in the care of **Rev Canon Julie Boyd, Team Rector.**

Our church wardens also play a vital role in the care of churches, and you can contact them with enquiries.

Key contact details:

Rev Canon Julie Boyd	01263 731102
Church wardens:	
Brampton: Mark Little	01603 279700
Burgh: Jeanne Buchanan	01263 733762
Buxton/Oxhead: Clive Hamilton	01603 279993
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The next edition of The Round will be February's. In the meantime, I hope you all have a Merry Christmas and a Happy and Peaceful New Year!





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Church Services – December 2023

The services are correct at the time of going to print

Sunday 3rd December

9.30am	Buxton	Holy Communion
4.30pm	Lammas	BCP Evening Prayer

Sunday 10th December

9.30am	Burgh	Holy Communion
10.30am	Badersfield	Holy Communion
11.00am	Buxton	Family Service
4.30pm	Brampton	BCP Holy Communion

Sunday 17th December

9.30am	Lammas	BCP Holy Communion
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Sunday 24th December

10.30am	Badersfield	Holy Communion
2.00pm	Marsham	Christingle
4.30pm	Buxton	Nativity
11.30pm	Buxton	Midnight Communion

Monday 25th December ~ Christmas Day

8.00am	Aylsham	BCP Holy Communion
10.00am	Aylsham	Family Communion

Sunday 31st December

8.00am	Aylsham	BCP Holy Communion
11.00am	Aylsham	Family Communion
<p>Morning Prayer is said every Monday at 8am in Buxton Church</p> <p>These churches are part of the Aylsham and District Team Ministry. In addition to these services there is also a service at Aylsham Parish Church every week. 1st, 2nd, 3rd, 5th Sundays at 11am and 4th Sunday at 10am.</p>		

Church Services – January 2024

The services are correct at the time of going to print

Sunday 7th January

9.30am	Buxton	Holy Communion
4.30pm	Lammas	Evening Prayer

Sunday 14th January

9.30am	Burgh	Holy Communion
10.30am	Badersfield	Holy Communion
11.00am	Buxton	Family Service
4.30pm	Brampton	Holy Communion

Sunday 21st January

9.30am	Lammas	Holy Communion
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Sunday 28th January

9.30am	Marsham	Holy Communion
10.30am	Badersfield	Holy Communion
4.30pm	Brampton	Evening Prayer

From the Church Registers

Weddings

3rd November ~ Luke Clements and Sophie Mace
at Oxnead Parish Church

Funerals

15th November ~ Keith Lown



Buxton Floodlighting Sponsorship

Sponsors for December & January

W/C	Remembering	Sponsored by
3 rd	Joe Riseborough	Ginny & Family
17 th	Charlie Newman	Joy and Barrie Tuck
	Rupert Tuck	Rosie and Jeremy Tuck
	Remembering John	Yvonne and Family
	In Memory of Bling	Tricia and Rob Bell
24 th	Violet (Dot) Abbs	Pearl Colman
	Our Mum, Winnie Finch	Linda, Valerie and Julie
31 st	Remembering Mum	Liza Hamilton
Jan 7 th	Joe Riseborough	Ginny & Family
14 th	Mary Riley	Maureen Wickham

If you would like to sponsor a week's floodlighting at St Andrew's Church, Buxton please contact
Clive Hamilton on 279993 or email cliveghf@sky.com

Lammas Floodlighting Sponsorship

Sponsors for December & January

W/C	Remembering	Sponsored by
3 rd	Friends & Family	Elizabeth & Toby
10 th	Remembering Jerry	Ann Penrose
	Happy Birthday Samantha	Love from Mum & Dad
17 th	Friends and Family	Elizabeth & Tony
	Donald MacKenzie	The MacKenzie family
24 th	Remembering Jerry	Rebecca, Barney & Arthur
	Fred Osborne	Carole Osborne
Jan 7 th	Milly & Jack Rice	Carole Osborne & family
	Vera Rose	Roz Rose
14 th	Mum	Roz Rose
21 st	Richard & Margaret Turbett	The Turbett family

If you would like to sponsor a week's floodlighting at St Andrew's Church, Lammas please contact
Roz Rose on 279917 or email roz@lamas.f9.co.uk



SERVICES

Celebrating the birth of a king

SUNDAY 10TH DECEMBER 6:30PM	LAMMAS CAROL SERVICE
SATURDAY 16TH DECEMBER 6:00PM	BRAMPTON CAROL SERVICE
SUNDAY 17TH DECEMBER 9:30PM	MARSHAM CAROL SERVICE
6:30PM	BUXTON CAROL SERVICE
6:30PM	BURGH CAROL SERVICE
CHRISTMAS EVE 2:00PM	MARSHAM CHRISTINGLE
4:30PM	BUXTON NATIVITY
11:30PM	BUXTON MIDNIGHT COMMUNION
CHRISTMAS DAY 10:00AM	AYLSHAM FAMILY COMMUNION