



The Round

Editor: Swan Cottage, Lamas - 01603 279576
email: rozroselamas@outlook.com

From the Vicar



I was reminded the other week of the parable of the sower, and as a famous parable that many of you will know, and along with the farming theme for harvest, I thought I would share some thoughts on this.

Jesus said "Listen!

A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!

So many of us this year are in an argument with our gardens, the weather and our water supply! Many of our lawns are now brown, and many plants on the brink (as some of us have been in the heat!). But Jesus was using this sowing / farming talk, as a spiritual picture of the way things were. He had come to tell everyone that he was beginning a new thing in the life of Israel and a new way of doing things. This was Jesus' way of saying "wake up & smell the coffee!!" You need to change . . .

Now many of us do not like change one bit, but sometimes things - life, nature, the choices we make - can unwittingly change our direction, and we end up in uncharted territory! Many of us feel that on a daily basis, and depending on the level of change, our personalities, and those who can support us we respond on a sliding scale; from "OK" to "Nooooo"!!

Continued overleaf

Diary

August 2026

8th 10.00am
11th 2.00pm
22nd 10.00am

September 2026

5th 10.00am
7th 7.30pm
8th 2.00pm
10th 7.00pm
12th 10.00am
14th 7.30pm

21st 7.30pm
25th 7.00pm
26th 10.00am

For events in other places nearby, please see page 7

Crafters Club, Lamas Village Hall
Jubilee Café, Buxton Village Hall
Buxton Church Coffee Morning

Dog walk, Lamas Village Hall
Buxton & District Photographic Club, Buxton V Hall
Jubilee Café, Buxton Village Hall
Buxton & District W.I., Buxton Village Hall
Crafters Club, Lamas Village Hall
Buxton w Lamas Parish Council, Buxton Village Hall
Last day for copy for October Round
Buxton & District Photographic Club, Buxton V Hall
Bowls Club Quiz, Buxton Village Hall
Buxton Church Coffee Morning

Lammas Day Saturday August 1st



Spit-roast lamb cooked on site, salads and puds. Vegetarian food (by order please!)

Cocktail bar, beer, wines, soft drinks

In the garden of Lammas Manor from 5pm,
via churchyard. Aiming to serve at 6-ish

Raising money for St Andrew's Church, Lammas

Lammas Day

An ancient celebration on August 1st where people baked a loaf of bread from the first harvest of wheat.

So enter the Lammas Loaf contest - bring it on the day - £2 !

Fly over north Norfolk!

Sealed bid auction on the day for this spectacular experience, (kindly donated).

Local take off and landing.

A fabulous treat or a really special gift.

We need to know numbers so please BOOK NOW!

Adults £10 / Children (5-12) £5

lammastickets@gmail.com or call Roz Rose on
01603 279576

Chris Wegg

ELECTRICAL SERVICES

Industrial • Commercial • Domestic

A PERSONAL AND RELIABLE SERVICE

Looking for a reliable, highly qualified electrician you can trust?

Need work carried out in your home or business premises?

Chris Wegg Electrical Services provides the complete solution tailored for your needs.

Attention to detail and excellent customer service is our priority:

- No job too small • New installations
- Rewiring • Fault finding and repairs
- Lighting and power upgrades
- Inspection and testing

Call us to discuss your requirements and we'll happily provide a free, no-obligation quote.



M: 077 88 498245 • T: 01603 737753 • E: chriswegg@live.co.uk

Frettenham Service Station

Caring for the life of your car

45 Buxton Road, Frettenham, NR12 7NH

01603 898257

All makes and models serviced and repaired,
including hybrid vehicles
MOTs while you wait; Tyre and exhaust fitting centre
Vehicle removal, recovery and breakdown service



BOSCH

VOSA

Vehicle & Operator Services Agency

Ivan Fisher

Independent Funeral Homes Ltd

Established 2005

We are proud to be Aylsham's only
family run, independent funeral home.

We're always here when you need us,
24 hours a day.

01263 735161

The Old Bank, 2-4 Norwich Road,
Aylsham, Norfolk, NR11 6BN



Paul Fisher – Funeral Director

www.ivanfisher.co.uk

www.flooringandblinds.co.uk

SHAUN ATTEW
FLOORING AND BLINDS

CARPETS • VINYL • LVT • LAMINATE
VERTICAL • ROLLER • VENETIAN • PLEATED
Home Selection Service



Kerndean
Designflooring
Approved Installer

T: 01692 403246

M: 07859 023594

E: info@flooringandblinds.co.uk



This space available for advertising now.
Contact the Editor (details on front page)

Jesus wanted them to notice the changes that were coming. Each seed was planted in a different landscape, and depending on where it landed depended on how it grew or didn't grow. He wanted them to realise how we react to change, and to each other, matters. We are at our very core communal beings, and as I said to my congregations, we are all a part of this "spiritual soil".

As you gardeners will know, soil makes a difference; if you leave it, or you have a border, as I do, that for many years was overshadowed by Leylandii trees, and had no nutritional value or sunlight, nothing grew! However, if you fill the soil with nutrients, good old "muck" and take care of it, your plants will thrive and flourish. We all have a choice, on a daily basis, to be a part of something bigger, to join in, to take care of one another and to provide that "good soil" to enable each other to grow and flourish.

My prayer for you this summer and harvest time, is that we look out for each other, encourage one another and make sure we are providing a good community for all to thrive in.

Many Blessings,
Rev Sally

Buxton & District Women's Institute News



Firstly, many thanks to everyone who supported our cake stall at the Pre-School Fun Day in July. We have started our fund raising towards our Centenary celebrations next year. Well done to the Pre-School for organising a lovely event.

Last month Juyna Lewis told us all about the interesting life of Princess Sophia Duleep Singh, Norfolk's Indian Princess, Queen Victoria's goddaughter, a suffragette, a VAD nurse and a leading figure in the Women's Tax Resistance League. She insisted that if the government wouldn't give women the vote then she wouldn't pay any taxes. Winston Churchill was one who opposed giving women the vote as he deemed them incapable of the responsibility.



On 6th August we will be meeting at Linden House for our annual picnic. Our next WI meeting is at **7 p.m.** on **Thursday 10th September** in **Buxton Village Hall**. **Jayne Andrew from the Heritage Centre** will talk and show slides about "Old Aylsham".

Visitors are always welcome so come along and find out what we really do at a WI meeting! We don't make jam and although we occasionally sing Jerusalem (the WI anthem) we mostly socialise, learn from or be entertained by our speakers and eat cake. For more info contact Vereen on 0786 7927338 or vereen.marcer@gmail.com

BUXTON BOWLS CLUB

QUIZ NIGHT

25 Sept
16 Oct
20 Nov

AT THE BUXTON VILLAGE HALL

£5 PER PERSON
Up to 6 PER TEAM

DOORS OPEN AT 7.00PM
QUIZ STARTS AT 7.30PM

Cash Prizes for winning teams

Coffee and Teas available for donations. BYOB and food

Raffle during the break. Money raised going towards fixing paths and entrance area.

Spaces limited....
Preregistration required

REGISTER YOUR TEAM NOW!

Contact Fiona Morgan at
fjml0613@gmail.com

Crafters Club

MEET UP at Lammas
Village Hall
2nd Saturday of each month ~
10am -12.30pm

Next meetings ~
8th August & 12th September

Any queries please
contact June on
01603 279806 / 07733
397864
Email: j.procter@netcom.co.uk

Brightstart

Montessori Nursery

The Old School , Scottow &
The Atrium, North Walsham

Norfolk CC funding available
Ages 2 to school age

Please contact us now for further details

Tel: 01692 436446

www.brightstartnursery.org
office@brightstartnursery.org

ARCHIDITE

Building design, New Dwellings,
Extensions, Heritage and Alteration works.
Planning and building regulation drawings.
Extensive experience in all projects
large and small, residential and commercial

1Webster Close Norwich NR14 8LU
Mob-Tim 07795 084950 Danny 07886 527700
Web www.archidite.com



www.elmtaxisnorwich.co.uk

ELM

Taxis Ltd

☎ **01603 552 456**

☎ **07494717995**

Book your ELM Taxi for a smooth journey anytime, anywhere!

Tel: 01603 279956

Mob: 07703 723894



JNR
BUILDING

info@jnrbuilding.com

www.jnrbuilding.com

With a proven track record and a vast range of experience and expertise within the team, JNR are able to competently and productively manage all aspects of any project.

Get in touch now for a free estimate | Fully qualified | Fully insured

New Builds

Extensions

Renovations

Conversions

Buxton Photographic Club

The only meeting we have in August is a social one at one of our member's house or an outdoor venue. Location and time depending on the weather.



My picture this month is my dog "Colin"

You can see the pictures much better if you take a look at the Buxton with Lamas Parish Council web site and click on The Round.

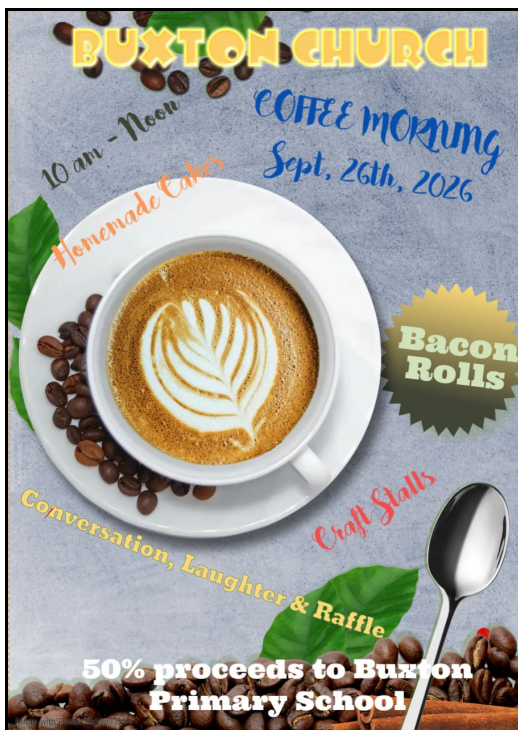
What's On in September

Meetings are usually held on the first and third Monday of each month.

On Monday 7th we have a speaker, Justin Minns. Justin will be giving a presentation on the subject of still life. Still life is not as easy as it sounds as you are in control of everything, not just the composition.

On Monday 21st we have our 4th in-house competition. The subject this time is "Night time" judged by Wayne Davey. They don't make it easy!

Are you interested in photography, looking to improve your skills, or simply wanting to meet like-minded people? Buxton Photographic Club is always keen to welcome new members. No prior experience or fancy kit required! Come along for free to a few of our events (meetings start promptly at 7:30pm in the Buxton Village Hall) or contact us at info@buxtonphotographicclub.co.uk for more information. Annual membership is just £45. We look forward to seeing new faces and sharing our passion for photography with you!



Buxton Bowls Club

Wow what a busy season! As well as playing in 4 leagues we have also participated in 10 tournaments, with two Buxton teams coming first and second in the Neatishead Aussie Pairs tournament.

Congratulations to winners Ian Horton and Rick Whiteside and to the runners up Mark Abbs and Trevor Long! (pictured)



Time flies when you are having fun and I cannot believe August is here and it's the last full month of league games, with a few rescheduled games in September. We are continuing to have roll ups whenever our schedule allows it and weather permitting, a list of dates for the roll ups and any other events will be on the Notice Board and as always we invite you to join us.

As a reminder we have our next quiz scheduled for Friday 25th of September. Please look at the ad in the Round for more information.

We are excited that many people have taken us up on our invitation to join us for a cup of tea and support us in our home games. We are playing 7 home games in August and hope you will take the opportunity to join us before the season ends. We are playing at home the 6th at 6.30pm and on the 18th, 19th, 20th, 21st, 24th, and 25th of August at 2PM and hope to see you at one or more of our games!

The Buxton Bowls Club is composed of complete beginners to seasoned players, so don't be intimidated to come along and learn more. The club has spare bowls you can play with, all you need is a flat pair of shoes. You can come and have a try for free! Everyone is welcome.

The Buxton Bowls Club is located behind the Buxton Village Hall, between the football field and the children's playground. We have a notice board just outside the clubhouse that includes our schedule and any other opportunities to learn more about the club!

If you have any questions or want to be put on our email list please contact

Fiona Morgan at fjm10613@gmail.com, or Jacky and Derek Battle at dqbbattle@btinternet.com.

Jubilee Café

**2nd Tuesday monthly
2 – 4 pm at Buxton Village Hall**



The next openings of the Café are on
11th August and 8th September.
Come along for friendship, company and a chat
All welcome!

No membership fee, just a donation plate
to cover expenses



Friendly, professional dog walking service. Specialises in solo walks.

Est 2015. Highly qualified with extensive experience.



Clare | 0774 399 1081 | care9petcare@gmail.com



Bartletttings

Your One to One Letting Agent

Your local Independent Family Run Letting & Property Management Agent based in Buxton Norfolk

Tenant Find or Fully Managed, We can offer you a One to One Service at an affordable price, so give Gary a call.

t: 01603 278023 m: 07552733833
www.bartletttings.co.uk

**This space available for advertising.
Please contact the Editor
(details on front page)**



property
ladder

**For a completely
FREE VALUATION
call us on...
01603 898100**

with offices in Spixworth and Norwich
we truly are your *local* estate agent

SNB Plumbing & Heating



Gas, Oil & LPG Boilers
Serviced, Repaired
& Installed
Also cookers, fires &
water heaters



222257



01603 897235 or 07917 807908

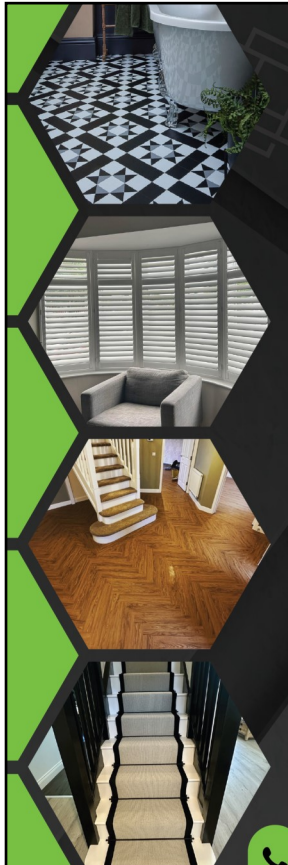


CONCEPT

AYLSHAM

FLOORING & BLINDS SPECIALISTS
LOCATED AT 17-19 PENFOLD STREET AYLISHAM

EST FOR OVER 25 YEARS,
OFFERING PROFESSIONAL HONEST
SERVICE, AT AFFORDABLE PRICES.



- LVT
- BEDS
- VINYL
- CARPET
- LAMINATE
- FLYSCREENS
- NATURAL FLOORING
- CARPET CLEANING & BINDING
- FLOOR PREPARATION & GRINDING
- ALL TYPES OF BLINDS & SHUTTERS



FOLLOW US

 **01263 732894**
sales@conceptcarpets.co.uk
www.conceptcarpets.co.uk





Brampton MOT Centre

Between Buxton and Aylsham
Vehicle Testing Station
Cars, Motorbikes,
Three Wheelers, Quad bikes
Specialising in Classic & American Cars
01603 279628
Mob: 07979 991739

Activities and opportunities for enrichment happening nearby

Aylsham and District Flower Club

Our August meeting is on Wednesday 12th August at Aylsham Town Hall, NR11 6EL, 7pm for a 7-30pm start. Our demonstrator will be Lorraine Gagen, and her demonstration title is "Into the Wardrobe" which sounds intriguing.

Our September meeting will be a workshop led by our chairman Crystal Dyball on Wednesday 9th September. There will be tea and coffee on arrival, the "Flower of the Month" competition, the sales table and a raffle for the arrangements.

Please come and join us for fun, friendship and flowers, visitors are always welcome, £8.

We look forward to seeing you then.

For more information please contact

crystaldyball57@gmail.com

Stratton Strawless Flower & Produce Show

Saturday, 12th September 2026

Burroughes Hall, Parish Road, Stratton Strawless,
NR10 5LW

Entries may be staged 9am – 12.30 pm
(judging begins 12.45 pm) ~ 50p per entry

Open to public at 3 pm. Prize-giving from 4.15pm

Tea and Coffee and Delicious
Homemade Cakes available



A full schedule is available from
strattonstrawlessvillagehall@gmail.com

Aylsham Branch, Norwich Lifelong Learning Autumn Courses 2026

There will be two 5 week courses, both at Emmanuel Church Aylsham, Cawston Road, Aylsham NR11 6BX, on Tuesday afternoons 2.00 – 4.00

British Democracy in Turmoil with John Greenaway
5 weeks starting on September 22nd
Fee £45 - Course code AAU26C0001

**Norfolk Uncovered: From Prehistoric Landscape to
20th Century Industry with Adrian O'Dell**
5 weeks starting on November 3rd
Fee £45 - Course code AAU226C0002

Book via the website www.norwichlifelonglearning.co.uk
Phone 01603 629557

More details about these courses and those in Norwich can be found on the website or pick up a brochure in libraries



Monthly meetings are
held on 4th Tuesday
from 1.30pm in
Aylsham Town Hall

The guest speaker on August 25th will be
Mr Neil Storey on

The quirky history of medicine from Medieval
Surgeons to Victorian Quack Doctors.

On 22nd September the guest speaker will be
Mr Peter Lawrence on This Policeman's Lot.
"Urgent Diplomatic Measures"



Frettenham Village Hall Film Night

Only £5 per person

No film shown in August, and the September
showing has changed to 18th September

For info email frettenhamvillagehall@gmail.com
7.30pm – doors open 45 minutes beforehand.



**Hainford
Village Hall**
Hot food from
Vlad's Woodfire
Pizzas – pre order
if you wish.

Drinks and snacks
from Megan in The
Travelling Teapot.

Ice creams from
Richard and
Bellawoo.

Profits to Hainford
Village Hall

Opportunities to play Social & Competitive Chess in Aylsham

FM Martin Walker (a Norwich-based
professional chess player and coach)
recently visited Aylsham Library Chess
Group (ALCG) to provide training to
enthusiastic local chess players.

This included a simultaneous match
between Martin and 7 ALCG players followed by
analysis of games.



ALCG is a free group which meets at Aylsham Library on the first and third Wednesday mornings of every month. The group is aimed at adults who are interested in playing chess in a relaxed, not overly competitive, environment. All equipment is provided but players need an active library card with open library access enabled (to allow use of the library outside staffed hours).

To find out more about ALCG e-mail:
thefamilyreeve@btinternet.com. To learn about
FM Martin Walker's Chess Consultancy e-mail:
martinwalker723@gmail.com

EMMA COOK
AROMATHERAPY, SKINCARE & SOUND HEALING

Crystal Singing Bowl Sound Bath

Stratton Strawless Village Hall, 7pm - 8pm

10th July, 4th September £14



Contact Emma to reserve your space
Email: loveyourface@emmacookskincare.co.uk
Telephone: 07879 470286

Buxton Village Hall Hire Fees

Contact Us:

bookbuxtonvillagehall.nr10@gmail.com

07554119536

Follow Us on Facebook

Hire Fees

Large Hall £15 /hr

Small Hall £12 /hr

Both Halls £23 /hr

Special Party Deal - Please Ask

Small Room £7 /hr

BUXTON FISH & CHIP SHOP CROWN ROAD, BUXTON, NORWICH, NORFOLK TELEPHONE: 01603 278256

OPENING TIMES

Monday	Closed	Closed
Tuesday	Lunch 11.45 – 1.30	Tea 4.45 – 7.30
Wednesday	Lunch 11.45 – 1.30	Tea 4.45 – 7.30
Thursday	Lunch 11.45 – 1.30	Tea 4.45 – 7.30
Friday	Lunch 11.45 – 1.30	Tea 4.30 – 8.00
Saturday	Lunch 11.45 – 1.30	Tea 4.30 – 8.00
Sunday	Closed	Closed

Hiya, I'm Harri your local Independent Avon Representative

Bringing beauty, self care & little luxuries to Buxton, Norfolk & beyond 🌸

If you would like a brochure, contact me and
I'll drop one round (within reason of location)

Or shop online 24/7 now via my digital
brochure:

07740562909

harriclarkey@gmail.com



Unit 5, Aylsham Business Park, NR11 6FD

Free Parking | Just off the A140

Sunday, Bank Hol & Evening appointments available

www.northnorfolkec.com

Appointments: 01603 986894

NORTH NORFOLK
EAR & SKIN CARE



Specialising in:

- Earwax Removal
- Skin tag / skin lesion Removal
- Wart & Verruca Removal
- Mole & Skin lesion checks



Specialising in:

- Nail trims & foot care
- Corns & Callus
- Verruca Treatment
- Thickened / fungal nail



Specialising in:

- Waxing
- Gel Nails, manicure / pedicure
- Facials & Massage
- Brows & Lashes

From our Nature Correspondent

It has been an unbelievably dry summer so far! Hopefully we will see some rain soon, as I have seen both ponds and plant life dry up. Any water you can leave out will be hugely beneficial for our wildlife during this weather.

My articles are usually inspired by recent wildlife sightings, but I have found myself thinking a lot recently about the species I haven't seen for a while. Wildlife decline can often go unnoticed, especially when we're engrossed in our busy modern lives, so I want to see if my readers have also noticed an absence of these species.

The first is the barn owl. I used to see a barn owl regularly in the fields around Pile Bridge. However, I haven't sighted a barn owl in the village for ages, and it is even rarer that I see them driving through fields at night.



There are many reasons for barn owl decline. They struggle with the sudden heatwaves we experience as they cannot sweat so can only lose heat by evaporation. They also struggle to hunt in cold wet weather as their soft feathers (which allow them to hunt silently) have no waterproofing, so they get cold easily. Combine this with the fact that their nocturnal, low flying hunts lead to them getting hit by cars, and an increase in rodent poisons killing them indirectly, and it is easy to see why their population declined during the 1900s. There has been an increase in their numbers in recent years, but the climate can cause their numbers to fluctuate, so I would be very relieved to hear about anyone's recent barn owl sightings.



Another species which I never see anymore is the yellow hammer. This sparrow-sized brown bird has a beautiful yellow coloured head and

belly. I often used to hear it sing 'a-little-bit-of-bread-and-no-cheese' in the hedgerows. This is a charming description of its call which is composed of five trills with a long note at the

end, however I hadn't heard a yellow hammer in so long that I had to look up the description for this article when I used to know it off by heart as a child.

Yellow hammers live all year round on arable farms, nest in hedges and eat seed. A combination of the removal of hedges and monoculture cropping has reduced nesting habitat and the variety of seeds they rely on, while pesticides have reduced the availability of the insects their chicks eat. This has led to their population declining by 61% since 1967, putting them on the red list for birds in the UK. All is not lost, however, as the RSPB is working with farmers to protect hedgerows and leave fallow land to give yellow hammers a food source in winter. This has led to an increase in their population in Northern Ireland so hopefully, if we protect our hedgerows we will all know the yellow hammer's song off by heart once again!

I am going to end with a species I have never seen - turtle doves. Turtle doves are beautiful birds with tortoiseshell wings and silvery bellies. Their purring 'turr-turr' call gives them their name. Their populations declined for similar reasons to the yellow hammer as they lost food sources on farmland, however they migrate to the UK each summer from Africa so the greatest danger they faced was over hunting along their migration route leading to a shocking 99% population decline since 1960.

This is likely why I have never seen them, although it does end with a success story. The RSPB worked to stop the hunting along their migration route in Spain, Portugal and France and this led to a 30% increase in their population. They are now working with UK farmers and landowners, who in 2024 alone provided over 223 football pitches of feeding habitat for turtle doves. It just goes to show that when conservation and farming works together it can have huge benefits for wildlife.



Breagha Folland is a freelance writer with a passion for the environment, philosophy and fantasy fiction. Contact her at: breaghafolland@myphone.coop to share your favourite ways to connect with nature.

MIKE WICKS & SON CHIMNEY SWEEPS

EST. 1975

01692 536592
01603 387400
wicksechimneysweeps@hotmail.com









Chimney Sweep

01263 669012 / 07747 021862

dashingsweep@gmail.com
www.thedashingchimneysweep.com




This page available for advertising now
Contact the Editor (details on front page)



✓ Fully qualified & insured electricians
✓ Friendly, tidy, and respectful of your home
✓ Covering all Domestic and Commercial works in Norfolk

NIC-EIC & TRUST MARK REGISTERED
ELECTRICAL CONTRACTORS

Call us today on 07917 52618
Visit: www.bvelectrical.co.uk
Email: info@bvelectrical.co.uk

PRIME CATCH FRESH FISH

from Lowestoft

Martin & Tracey Barker
T: 01502 538126 M: 07469 883875
primecatch2016@gmail.com

A mobile fishmonger in Buxton once a fortnight on a Thursday from 4.30pm.
We deliver to your door no matter how big or small your order.
Please call us for details




primepropertiesmaintenance@gmail.com
Prime Property Maintenance
07756 743 232

FREE QUOTES
TRANSPARENT PRICING
QUALITY WORK
RELIABLE & FRIENDLY

DOMESTIC & COMMERCIAL PROPERTY MAINTENANCE

» Painting & decorating	» Building works & renovations
» Brick work & re-pointing	» Loft works
» Landscaping & fencing	» Flooring
» Odd jobs	» Tiling
» Carpentry & woodwork	» Kitchen & bathroom repairs

Platten Pest Control



Specialising in the Management of Wasps, Rats, Mice, Moles, Rabbits, Squirrels etc.
Commercial, Agricultural and Domestic
Locally Based, Family Run Business, Established 1998
Free Survey
Discreet Service
Fully Insured
Royal Society for Public Health in Pest Management Level 2 Qualification
Please contact us on for a no obligation quotation:

Tel/Fax: 01692 631173
Mobile: 07711391839
Email: plattenpestcontrolnorfolk@gmail.com

M.G.D Tree & Conifer Surgery

CAN'T SEE THE WOODS FOR THE TREES?

Tree & Conifer Surgery	Free Estimates
Felling	Competitive Rates
Crown Reduction	Fully Insured
	N.P.T.C. Certificates
	Ground Clearance

CALL MARTIN TODAY
Mobile 07751 890519

Telephone 01603 755188 or 01603 423056



Steve White Home Improvements

All types of work undertaken including:
Kitchen & Bathroom installation, Tiling,
Laminate Flooring, Windows & Doors,
Fascia & Soffit Boarding, Plumbing, Fencing,
Decking & Patios

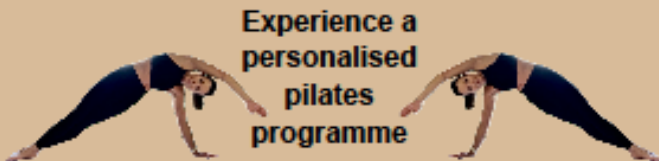
Fully insured professional service with no obligation
- free quotation

Buxton-based reliable business

Tel: 01603 279656 / 07717 417240

This space available for advertising now.
Contact the Editor (details on front page)

Elly Adamson Pilates



Experience a
personalised
pilates
programme

| Strength | Flexibility | Postural correction |
Rehabilitation

Qualifications

- Active IQ Level 3 mat pilates
- L3 bone health (injury recovery, osteopenia, osteoporosis)
- L3 ante & postnatal

Mob/WA 07808 401992
to book your session

f Elly Adamson Pilates @



£60 one hour private class
zoom recorded follow-up, SMART goals
Location: NR10 5JD studio



Buxton
Preschool
Playgroup



**Funded spaces now available
for 2 to 4 year olds!**

For more information, please contact
us on 01603 279468 or email
buxtonpreschoolfinance@outlook.com

www.buxtonpreschool.co.uk

BAC Bure
Auto
Centre

SERVICE & REPAIRS GARAGE

**ANYTHING FROM SMALL SERVICE
TO ENGINE REBUILD**

- ✓ Servicing & Repairs
- ✓ MOT's
- ✓ Diagnostics
- ✓ All Makes & Models Welcome
- ✓ Engine Repairs & Rebuilds

☎ (01603) 279872

Unit One, Bure Valley
Business Centre, NR10 5AF

Quality workmanship. Honest pricing.
Repairs you can rely on.

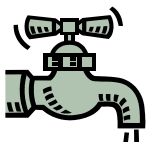
K.M. Horne
Plumbing & Heating
Oil & Gas Boiler Engineers

NO JOB TOO SMALL!

Local plumber for the
surrounding area

Call direct on

07831 695259



Church Services – August 2026

The services are correct at the time of going to print

Sunday 2nd August ~ Trinity 9

11.00am	Buxton	Holy Communion
4.30pm	Lammas	BCP Evening Prayer

Sunday 9th August ~ Trinity 10

9.30am	Burgh	Holy Communion
11.00am	Badersfield	Iona Communion service
4.30pm	Brampton	BCP Holy Communion

Sunday 16th August ~ Trinity 11

9.30am	Lammas	BCP Holy Communion
11.00am	Buxton	Family Service
4.30pm	Oxnead	BCP Evening Prayer

Sunday 23rd August ~ Trinity 12

9.30am	Badersfield	Iona Communion service
9.30am	Marsham	Holy Communion
4.30pm	Brampton	BCP Evening Prayer

Sunday 30th August ~ Trinity 13

11.00am	Lammas	Benefice Iona Communion Service and Harvest Festival followed by ploughman's lunch
---------	--------	--

Church Services – September 2026

The services are correct at the time of going to print

Sunday 6th September ~ Trinity 14

11.00am	Buxton	Holy Communion
4.30pm	Lammas	BCP Evening Prayer

Sunday 13th September ~ Trinity 15

9.30am	Burgh	Holy Communion
11.00am	Badersfield	Iona Communion service
4.30pm	Brampton	BCP Holy Communion

Sunday 21st September ~ Trinity 16

9.30am	Lammas	BCP Holy Communion
11.00am	Buxton	Family Service
4.30pm	Oxnead	BCP Evening Prayer

Sunday 27th September ~ Trinity 17

9.30am	Badersfield	Iona Communion service
9.30am	Marsham	Holy Communion
4.30pm	Brampton	BCP Evening Prayer

Morning Prayer is said every Tuesday morning at 8.30am in Buxton Church

Mid-week services are held on the 2nd and 4th Tuesday monthly at St Andrews Church Buxton (4th Tuesday service will be followed by a community lunch)



Sunday 30th August

All are welcome to a Benefice Iona Communion Service and Harvest Festival



St Andrew's, Lammas at 11 am followed by a Ploughman's Lunch
Donations to the Foodbank



Buxton Floodlighting Sponsorship

Sponsors for August & September

W/C	Remembering	Sponsored by
2 nd Aug	Remembering John	Yvonne and Family
16 th	Ken Tuck	Joy Tuck
30 th	Remembering Little Nell on her Birthday	Tricia and Rob Bell
6 th Sep	Happy Birthday Steve!	Love from Susan, Chris and Paul
	Tom and Edna Jones	Vereen and Brian Marcer
	Ruby & Maurice Howard	Pearl Colman and Family
	William Abbs	Pearl Colman and Family
13 th	Arthur & Evelyn Miller	Carol & Chris Shaw & Family

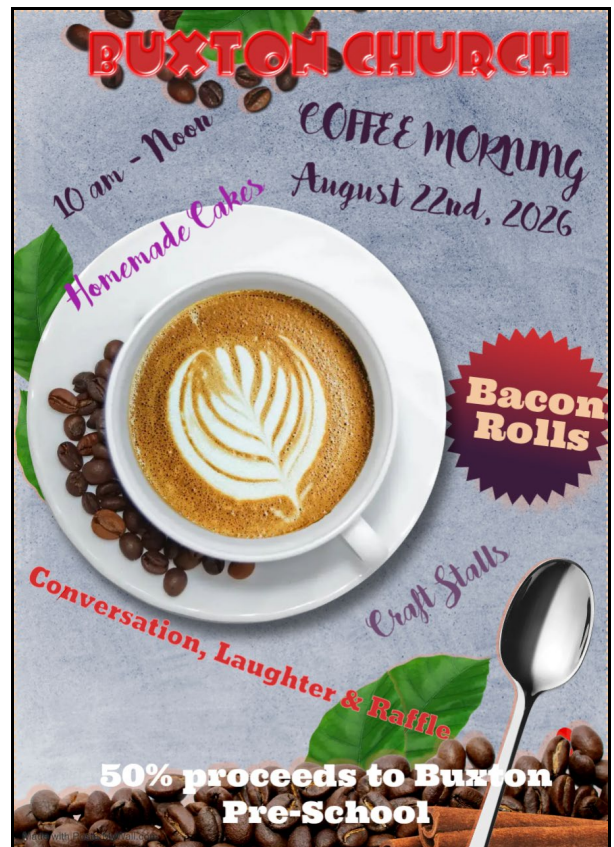
If you would like to sponsor a week's floodlighting at St Andrew's Church, Buxton please contact Clive Hamilton on 279993 or email cliveghf@sky.com

Lammas Floodlighting Sponsorship

Sponsors for August & September

W/C	Remembering	Sponsored by
2 nd Aug	Happy Birthday Dale	Love from Moyra and Samantha
9 th	Paul Harry Brown - In loving memory of our dearest son	Elisabeth and Norman
	Eddy Rust-Andrews	Jill Rust-Andrews
23 rd	Kenneth Rose	Roz Rose
30 th	My dearest sister Christina Klaus	Elisabeth Brown
6 th Sep	Paul Harry Brown – Forever in our hearts	Your parents Elisabeth & Norman
13 th	Mum	Roz Rose
20 th	Ruby and Ted Rust-Andrews	Jill Rust-Andrews

If you would like to sponsor a week's floodlighting at St Andrew's Church, Lammas please contact Roz Rose on 279576 or email rozroselamas@outlook.com



For September's coffee morning, see inside